

Date

To Parents/Guardians:

Your child _____ sustained a **head injury** at school today.

Most head injuries do not cause serious problems. However, problems related to a head injury may not always occur right away. If your child develops any of the following problems you should get in touch with your healthcare provider immediately. Be sure to tell them there was a head injury and when it happened.

- Unusual sleepiness or dizziness
- Vomiting
- Convulsions (fits) (seizures)
- Clear fluid or blood draining from ears or nose without other cold symptoms
- Any trouble with vision
- Weakness or numbness of arms or legs or trouble with walking
- Fever and stiff neck
- Change in usual behavior or confusion
- Continued headache

Please call the school's Health Office if you have any questions or concerns. Further information can be found on www.mayoclinic.com.

Sincerely,