

Date

To Parents/Guardians:

Your child may have been exposed to **Hand, Foot and Mouth Disease** (Coxsackie virus) at school. This is a common contagious viral infection in infants and children. This is *not* the same as foot-and-mouth disease.

Please watch your child for the symptoms listed below. If your child has the following symptoms, please call your child's healthcare provider for guidance.

Common Signs and Symptoms:

- Symptoms usually begin with a fever, poor appetite, malaise (feeling vaguely unwell), and often a sore throat.
- A couple of days after the fever starts, painful sores can develop in the mouth.
- A skin rash with flat or raised red spots can also develop, usually on the palms of the hands and soles of the feet and sometimes on the buttocks. This rash may blister, but it will not itch.

Hand Foot and Mouth disease is contagious and it is best controlled by diligent hand washing.

Please notify the School Office at \_\_\_\_\_ if your child becomes ill with Hand Foot and Mouth Disease or if you have any questions or concerns. Further information can be found on [www.cdc.gov](http://www.cdc.gov).

Sincerely,